

**WESTVILLE FIRE DISTRICT NO. 1**  
**23 W. OLIVE STREET, WESTVILLE, NEW JERSEY 08093**

**PHYSICAL REQUIREMENTS FOR NEW AND ACTIVE PERSONNEL**

**POLICY#** P2.1  
**DATE ADOPTED** 5/22/97  
**DATE REVISED** 10/26/10

**PURPOSE OF POLICY:** **TO ASSURE THE SAFETY AND WELL-BEING OF ALL NEW FIRE/EMS PERSONNEL AND ALL CURRENT ACTIVE FIRE/EMS PERSONNEL**

1. All new Fire/EMS applicants who have been admitted to the Westville NJ Fire Department must pass a physical examination by a New Jersey licensed physician certifying them for active duty.
2. Any applicant that fails to take or pass the physical examination will not be permitted to attend any schools or perform any Fire Department duties.
3. All Fire/EMS personnel must have a follow-up physical as directed by the following schedule, starting with their in-service physical, date and age.

**SCHEDULE OF MANDATORY PHYSICALS:**

[a]	Aged up to 29 years old	every 3 years
[b]	Ages 30-39 years old	every 2 years
[c]	Ages 40- and above	every year

Once personnel have reached the next age group, all personnel shall stay within that age group's frequency of physicals, as required in [a,b,c] above.

**Example;** If you turn 30 years old, you now need to have a physical every 2 years. If you had a physical at the age of 29, you will need another physical within 2 years of the anniversary date of your last physical.

4. A PFT (Pulmonary Fitness Test) is required annually by all members.
5. The Chief of the Department has the right to order a physical for *any and all personnel*, if it is believed to be in the best interest of the person in question, and in the best interest of the Fire District.
6. All physicals will be taken at the current Fire District physician's facility, at no charge to any Personnel.
7. Any Fire/EMS personnel who fail to receive the required physical shall be placed out of service for all training and Fire/EMS duties.

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8. Members will assume all costs associated with additional testing or examinations which may be recommended by the Fire District physician. Coordination of additional tests should be handled through members' personal primary physician and health care plan, not the Fire District physician.
9. Any personnel who fail a physical shall not be placed back in service until they are cleared in writing, by the Fire District physician.